

Prof. Dr. med. Christos C. Zouboulis

Work Address

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Previous Appointments

Preventive Medicine Resident, 251 Air Force General Hospital, Athens (1985)

Internal Medicine Resident, 251 Air Force General Hospital, Athens (1985-87)

Dermatology and Venereology Resident, Department of Dermatology, University Medical Center Steglitz, The Free University of Berlin (1988-92)

Allergology Resident, Department of Dermatology, University Medical Center Steglitz, The Free University of Berlin (1990-92)

Senior Registrar, Department of Dermatology, University Medical Center Benjamin Franklin, The Free University of Berlin (1994-2000)

Vice-Chair, Department of Dermatology, Charité Universitaetsmedizin Berlin, Campus Benjamin Franklin (2000-04)

Director, Outpatient Division, Department of Dermatology, Charité Universitaetsmedizin Berlin, Campus Benjamin Franklin (2000-04)

Director, Outpatient Division, Department of Dermatology, Charité Universitaetsmedizin Berlin, Campus Charité Mitte (2004-05)

Education

Medical School, National University of Athens (1978-84)

Department of Political Sciences, National University of Athens (1984-87)

Degrees and Diplomas

M.D., University of Athens (1984)

Dr. med., Medical School, The Free University of Berlin (1988)

Diploma in Dermatology and Venereology, Berlin Medical Association (1992)

Diploma in Dermatology and Venereology, Greek Ministry of Health and Welfare (1993)

Diploma in Allergology, Berlin Medical Association (1993)

Ass. Professor in Dermatology and Venereology, Medical School, The Free University of Berlin (1995)

Professor, The Free University of Berlin (2000)

Academic Appointments

Fellow, Department of Nursery, Medical School, National University of Athens (1986-87)

Fellow, Department of Dermatology, Medical School, The Free University of Berlin (1989-92)

Lecturer and faculty member, Department of Dermatology, Medical School, The Free University of Berlin (1992-94)

Senior lecturer and faculty member, Department of Dermatology, Medical School, The Free University of Berlin (1994-95)

Assistant Professor of Dermatology, Medical School, The Free University of Berlin (1995)

Professor of Dermatology, Medical School, The Free University of Berlin (2000)

Academic Leave

Research Fellow, Department of Dermatology, University Medical Center Steglitz, The Free University of Berlin (1987-88)

Research Fellow, Department of Dermatology, University of Michigan, Ann Arbor, USA (1993)

Research Fellow, Department of Dermatology, The Cleveland Clinic Foundation, Cleveland, USA (1993)

Research Fellow, Department of Dermatology, Massachusetts General Hospital, Harvard Medical School, Boston, USA (1994)

Major Research Interests

Dermato-Endocrinology - Dermato-Pharmacology – Molecular Cell Biology and Biotechnology of the Skin / Biogerontology – Physiology and Pathophysiology of the Sebaceous Gland / Acne - Rosacea – Adamantiades-Behçet's Disease – Malignant Atrophic Papulosis – Hidradenitis suppurativa - Keloids / Androgens, Antiandrogens – Neuropeptides – Retinoids– Cryosurgery

Major Research Projects

- Co-ordinator of the EP "Genetic Etiology of Human Longevity" of the National Genome Research Network (NGFN-2) (2004-2007)
- Coordinator of the BMBF-supported German-Greek cooperation project "Molecular mechanisms of degradation of the cutaneous elastic tissue in aged individuals" (2004-05)
- Member of the Steering Committee of the European Union FP6 project LSH-2003-2.1.4-3 "Coordination and Consolidation of European Biogerontology: en route towards formation of a European College of Biogerontology" (2005-2008)
- Member the BMBF RNA Technologies Network with the project "Prevention of Skin Aging through sRNA" (2005-2006)
- Member of the DFG Graduate College "Hormonal Regulation of Energy Metabolism, Body Weight and Growth" with the project "Hormones and molecular mechanisms of intrinsic ageing" (2005-2008)

Honors and Awards

Major awards

- "Skin Cancer Prize" for the best article August 1990-December 1991, Journal „Skin Cancer" (1992)
- "Oskar Gans Major Prize" for Dermatological Research, German Dermatological Society (DDG) (1993)
- Visiting Professor, Department of Dermatology, The Bowman Gray School of Medicine, Wake Forest University, Winston-Salem, USA (1993)
- European Academy of Dermatology and Venereology Dermatology Research Fellowship (1997)
- "Felix Wankel Animal Protection Research Prize", Faculty of Veterinary Medicine, Ludwig Maximilians University of Munich (2000)
- "Beauty Care Prize" for excellent Dermatological Research, German Study Group Dermatological Cosmetology (2000)
- "Beauty Care Prize" for excellent Dermatological Research, German Study Group Dermatological Cosmetology (2002)
- "Geroulanos Prize" for History of Medicine, Hellenic Medical Association (2003)
- "Dionysios Ikkos Lectureship", Hellenic Association of Endocrinology and Metabolism (2005)
- "Paul Gerson Unna Prize" for Research in the area of the Innate Immunity, German Dermatological Society (DDG) (2005)

Other prizes

- Scholarship for excellence in medical studies, The State Scholarships' Foundation of Greece (1980-84)
- Summer-Scholarship for medical studies at the University of Turku, Finland, International Federation of Medical Students Associations (IFMSA) (1982)
- Summer-Scholarship for medical studies at the University of Rotterdam, Holland, International Federation of Medical Students Associations (IFMSA) (1984)
- Scholarship for postdoctorate medical education in Dermatology, The Department of Dermatology, University Medical Center Steglitz, The Free University of Berlin and the Senate of Berlin (West) (1988)
- Poster prize for experimental research, 1st Scientific Week of the University Medical Center Steglitz, The Free University of Berlin (1990)
- 1st poster prize, IIIrd International Dermatology Symposium (IDS) Berlin (1991)
- Poster prize, 2nd Congress of the European Academy of Dermatology and Venereology, Athens (1991)
- Poster prize, 5th Scientific Week of the University Medical Center Benjamin Franklin, The Free University of Berlin (1994)
- 1st experimental poster prize, 38th Congress of the German Dermatological Society (DDG), Berlin (1995)
- 3rd clinical poster prize, 38th Congress of the German Dermatological Society (DDG), Berlin (1995)
- 1st prize for oral or poster presentation, 2nd Cypriot-Greek Dermatological Congress, Larnaca, Cyprus (1997)
- Poster prize, 7th Congress of the European Academy of Dermatology and Venereology, Nice, France (1998)
- 1st lecture prize, 42nd Congress of the German Dermatological Society (DDG), Berlin (2003)

Prizes of coworkers

- Dr. S. Kienbaum, Thesis prize of the German-Turkish Medical Society (1995)
- Dr. A. Paraskevaïdis, experimental poster prize, IV. International Dermatology Symposium Berlin (1997)
- Dr. K. Seiffert, travel fellowship, International Investigative Dermatology'98 Congress (1998)
- H. Seltmann, poster prize, 40th Congress of the German Dermatological Society, Hamburg (1999)
- Dr.M. Tsukada, travel fellowship, Congress of the European Retinoid Research Group (1999)
- Dr. A. Dalkowski, Alexis Carrel Prize for Cryobiology, Cryomedicine, Cryosurgery and Biotechnology of the International Institute for Refrigeration (1999)

- H. Seltmann, poster prize, 9th Austrian Congress of Replacement and Complementary Methods to Animal Research, Linz, Austria (2000)
 Dr.M. Tsukada, Allergan Annual Award for Basic Science (2000)
 Y. Adler, best clinical case report, 113th Meeting of the Berlin Dermatological Society, Potsdam (2000)
 J.R. Turnbull, 2nd best clinical case report, 115th Meeting of the Berlin Dermatological Society, Berlin (2002)
 K. Orłowski, Charité Thesis Scholarship (2003-04)
 M.F. Steinhoff, best clinical case report, 117th Meeting of the Berlin Dermatological Society, Berlin (2004)
 N. Papoutsis, Charité Thesis Scholarship (2004-05)
 R. Ganceviciene, Berlin Foundation of Dermatology Scholarship (2005)
 S. Angres, Charité Thesis Scholarship (2005)

Scientific Activities

Conference organisation

- IIIrd International Dermatology Symposium (IDS), Berlin (1991) - Deputy Secretary
 38th Congress of the German Dermatological Society (DDG), Berlin (1995) - Deputy Secretary
 7th International Conference on Behçet's disease, Tunis, Tunisia (1996) - Member of the scientific committee
 IVth International Dermatology Symposium Berlin „Sebaceous gland, acne and related disorders - Basic and clinical research, clinical entities and treatment“, Berlin (1997) - Secretary, member of the scientific and abstract evaluation committees
 8th International Conference on Behçet's disease, Reggio Emilia, Italy (1998) - Member of the scientific committee
 Satellite Symposium „Sebaceous gland, sebocyte and infundibulum cultures: Models for acne and sebaceous gland research“ to the International Investigative Dermatology'98 Congress, Cologne (1998) - Local organizer and member of the scientific committee
 9th International Conference on Behçet's disease, Seoul, Korea (2000) - Member of the scientific committee
 3rd Teupitz Colloquium "Basic Research in Endocrine Dermatology", Teupitz (2000) – Organizer
 1st Meeting of the Research Group "Endocrine Dermatology" of the German Society for Dermatological Research, Berlin (2002) – Organizer
 Heidelberg-Berlin Symposium „Retinoids and Vascular Disease“, Heidelberg (2002) - Co-Organiser
 115th Meeting of the Berlin Dermatological Society (2002) - Organizer
 10th International Conference on Behçet's disease, Berlin (2002) - President
 2nd Meeting of the Research Group "Endocrine Dermatology" of the German Society for Dermatological Research, Frankfurt/Main (2003) – Organizer
 117th Meeting of the Berlin Dermatological Society (2004) – Organizer
 12th Annual World Congress of Anti-Aging Medicine (2004) – Academic program committee advisor
 1st Conference of the NGFN-2 EP Project "Genetic Etiology of Human Longevity"
 1st International Conference for Atrophic Malignant Papulosis (2005)
 1st International Conference on Hidradenitis Suppurativa (2006)

Session organisation (major meetings)

- 2nd Congress of the European Academy of Dermatology and Venereology, Workshop „Cryosurgery“, Athens, Greece (1991)
 39th Meeting of the German Dermatological Society (DDG), Workshop „Molecular biology and dermatology - An introduction“, Karlsruhe (1996)
 19th World Congress of Dermatology, Session „Cutaneous molecular biology“, Sydney, Australia (1997)
 World Congress of Cryobiology, Session "Cryosurgery", Marseille, France (1999)
 20th Congress of the International Society for Dermatologic Surgery, Workshop „Cryosurgery“, Athens, Greece (1999)
 10th Congress of the European Academy of Dermatology and Venereology, Honorary Symposium for Prof. William J. Cunliffe, Munich, Germany (2001)
 20th World Congress of Dermatology, Symposium „Acne“, Paris, France (2002)
 11th Congress of the European Academy of Dermatology and Venereology, Workshop „Mucous Membrane Disorders“, Prague, The Czech Republic (2002)
 42nd Meeting of the German Dermatological Society (DDG), Symposium „Acne and Rosacea“, Berlin (2003)
 12th Congress of the European Academy of Dermatology and Venereology, Symposium „Acne“ and Symposium "William J. Cunliffe Scientific Awards", Barcelona, Spain (2003)
 4th International Meeting of the Hair Research Societies, Seminar "Endocrinology of the Pilosebaceous Unit", Berlin (2004)
 43rd Meeting of the German Dermatological Society (DDG), Workshop „Endocrinology“, Dresden (2005)
 3rd Spring Symposium of the European Academy of Dermatology and Venereology, Workshop „Adamantiades- Behçet's Disease“, Sofia, Bulgaria (2005)

IV World Congress of the International Academy of Cosmetic Dermatology - Symposium "Acne", Paris, France (2005)
 14th Congress of the European Academy of Dermatology and Venereology, Symposium „Acne“, London, UK (2005)

Editorial activities

Dermatology - Assistant Editor (1997-)
 Journal of Dermatological Treatment - Editorial Board (1998-)
 Clinical and Experimental Rheumatology - Editorial Board (2002-)
 The Journal of Investigative Dermatology - Associate Editor (2003-)
 International Journal of Molecular Medicine – Editorial Academy (2003-)
 Hellenic Dermatotomy – International Editorial Council (2004-)
 APLAR Journal of Rheumatology – Editorial Board (2005-)

Dermatologische Monatsschrift, Special issue on Cryosurgery - Guest Editor (1993)
 Abstract Book of the 38th Congress of the German Dermatological Society (DDG) - Co-Editor (1995)
 Dermatology, Proceedings of the IVth International Dermatology Symposium Berlin - Guest-Editor (1998)
 Hormone Research, Proceedings of the 3rd Teupitzer Colloquium - Guest Editor (2000)
 Journal of Skin Pharmacology and Applied Skin Physiology, Honorary Edition dedicated to the 65th Birthday of Prof. Dr. C.E. Orfanos - Guest Editor (2001)
 Dermatology, Acne-Symposium, 20th World Congress of Dermatology, Paris, France - Guest-Editor (2003)
 Experimental Dermatology, Supplement on Dermato-Endocrinology – Guest Editor (2004)
 Aktuelle Dermatologie, 10 years Research Support Prizes of the BDG – Guest Editor (2004)
 Hormones and Metabolic Research, Special issue "Endocrinology of the Skin" – Guest Editor (2005)
 Journal of the Deutsche Dermatologische Gesellschaft, Special issue "Evidenced-based acne treatment" – Guest Editor (2006)

Professional Societies (Board Member)

International Study Group for Behçet's disease - Board of Directors (1993-98)
 International Society of Behçet's disease - Council (1998-), Executive Committee (2000-)
 European Association of Cryosurgery - Board of Directors and Founding Member (1996-2003)
 International Society of Cryosurgery - Advisor to the Board (1996-98), Board of Directors (1998-)
 European Acne Advisory Board – Member (2002-)
 European Society of Anti-Aging Medicine (ESAAM) – Member of the Scientific Advisory Board (2004-)
 Forum for the Improvement of Clinical Trials in Acne (FICTA) – Coordinator (2004-)
 German Dermatological Society (DDG) Guideline Committee for Acne – Member (1997-2002)
 German Dermatological Society (DDG) Akne Consensus Committee – Member (2002-), Chair (2003-)
 Research Group "Endocrine Dermatology" of the German Society for Dermatological Research – Chairman (2000-2003)
 Working Group Cryosurgery in Germany - Speaker for Dermatology (1997-)
 Committee for Revision of the Bylaws of the European Society for Dermatological Research (ESDR) - Member (2001-2002)
 German University Professor Association (DHV) Berlin - Executive Board (1997-2004), Delegate to the DHV Meeting (1998)
 Berlin Dermatological Society (BDG) – Board Member (2000-2004), President (2002-2004)
 William J. Cunliffe Scientific Awards – Chairman of the Executive Committee (2001-)

University Committee and Administrative Service

Executive Council, Medical School, National University of Athens (1982-84)
 Ethics Committee, Medical School, The Free University of Berlin (1991-93)
 Research Committee, Medical School, The Free University of Berlin (1994-2004)
 Vice-Chair of the Research Support Committee, Medical School, The Free University of Berlin (1997-99)
 Executive Council, Medical School, The Free University of Berlin (1996-99)
 Council, The Free University of Berlin (1999-2001)
 Finances Committee, Medical School, The Free University of Berlin (2001-04)
 Executive Council, Charité Universitätsmedizin Berlin (2003-)
 Research Committee, Charité Universitätsmedizin Berlin (2004-)
 Committee for International Affairs, Charité Universitätsmedizin Berlin (2004-)
 Steering Committee, Transatlantic Project "Issues of Aging", Charité Universitätsmedizin Berlin (2005-)

Publications

212 peer reviewed, 24 letters and editorials, 15 books, 69 book chapters, 4 patents
Impact Factor 395, Citations 1937, Science Citation Index 4382

Invited Lectures

231 invited lectures

Further Honorary Activities

Charity „Deutsches Register Morbus Adamantiades-Behçet e.V.“ – Chairman

Charity „Freunde und Förderer der Stiftung für Griechische Kultur e.V.“ – Secretary (1996-2004)

Charity „Deutscher Dermatologen Kongreß 1995 - Verein zur Förderung der Dermatologie e.V.“ – Foundation member

Leisure Time Activities

Member of the Rotary Club Berlin-Gendarmenmarkt

Member of the New Berlin Culture Association (NBK)

Member of the Sport Club „Zehlendorfer Wespen 1911 e.V.“ (Tennis)